

Curriculum Vitae

Last Updated: January 1, 2025

Personal History:

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Research Interest:

Nursing, Mental Health Nursing, Nursing Management, Nursing Ethics, Content Analysis and Grounded Theory

Scientific Position :

1- Lecturer, School of Nursing & Midwifery, Qazvin University of Medical Sciences. July 25, 1996 –May 21. 2016

2-Assistant Professor, School of Nursing & Midwifery, Qazvin University of Medical Sciences. May 21, 2016- up to March 7, 2021.

3-Associate t Professor, School of Nursing & Midwifery, Qazvin University of Medical Sciences. March 7, 2021- up to now.

Educational History:

1- BSc in Nursing, School of Nursing & Midwifery Hamadan University of Medical Sciences (HUMS).1991

2- MSc in Psychiatric Nursing, University of Social Welfare and Rehabilitation Science (USWR). 1997

3- PH.D in Nursing, University of Social Welfare and Rehabilitation Science (USWR).2016

Other qualification:

1-Training Program for Disaster Nursing at Acute Phase. Certificated by Japan's Nursing Association (JNA).2004

2- Building the Electronic Health Record. Certificated by World Health Organization (WHO-EMRO). 2004

3- Nursing Management. Certificated by World Health Organization (WHO-EMRO).2002

4- Nursing Rules and Regulation. Certificated by Ministry of Health and Medical Education Under secretary for Health, Nursing Affaires. 2001

Books:

1-Mental Health in Natural Disasters. 2020

Journal Articles:

1-Ali Jalilvandy , **Mohammad Reza Sheikhi** , Anahita Khodabakhshi-Koolaee. "How Does the Benson Relaxation Response Reduce Anxiety in Mothers of Children with Autism Spectrum Disorder (ASD)**?** " JCCNC 2025, 11(1)

2-**Mohammad Reza Sheikhi**, Seyyed Mehdi Mousavi, Mohammad Moradi Baglooei, Mark D. Griffiths & Zainab Alimorad. " Comparative effect of in-person and virtual methods of eye movement desensitization and reprocessing on the fear of COVID-19 among nurses: a three-armed randomized control trial" Cogent Psychology. 2024, Vol. 11, no. 1, 2430862

3-Elham Hasannia, **Mohammad Reza Sheikhi***, Mohammad Ali Soleimani, Ahad Alizade." Evaluating the Effect of Mindfulness Group Training on Anxiety, Stress, and Depression in Mothers with Children with Learning Disorder: A Randomized Clinical Trial" Avicenna J Nurs Midwifery Care, 2023; 32(2): 118-129

4-Mahbuobe Nouri, **Mohammad Reza Sheikhi***, Anahita Khodabakhshi-Koolaee. The Effectiveness of Group Reality Therapy on the Attitude to MateSelection of Girls Ready for Marriage. Iranian Journal of Psychiatric Nursing (IJPN): December-January 2023, Volume 11, Issue 5

5- **Mohammad Reza Sheikhi ,** Zahra Hosseinkhani , Ramesh Hoseinzadeh Khezri , Zohre Froozanfar , Farzad Khodamoradi. " Investigating Self-rated Health Among Health Workers During COVID-19 Pandemic in Northwest Iran. Journal of Inflammatory Diseases: 2022; 26(2):59-66

6-Mohammad Ali Niknamfar, Mohammad Moradi Begloui, **Mohammad Reza Sheikhi**. Exploring Dimensions of Mental Health and Emotional Intelligence of Students and their Relationship with Demographic Characteristics. Iranian Journal of Psychiatric Nursing (IJPN); April-May 2022, Volume 10, Issue 1

7-Mahya Zamani Varkaneh, Anahita Khodabakhshi-Koolaee, **Mohammad Reza Sheikhi.** Identifying psychosocial challenges and introducing coping strategies for people with albinism.British Journal of Visual Impairment. 2022;1-16

8-Marziyeh Khoshgoftar, Anahita Khodabakhshi-Koolaee1 and **Mohammad Reza Sheikhi.** Analysis of the early mother-child relationship in schizophrenic patients. International Journal of Social Psychiatry. 2021;1–7

9-Yahya Zarei Nodee, **Mohammad Reza Sheikhi**, Zahra HosseinKhani, Mohammad Ali Soleimani. The Predictive Factors of Job Performance in Nurses' Moral Distress. Avicenna J Nurs Midwifery Care. 2021; 29 (1): 61-71

10-**Mohammad Reza Sheikhi**, Mohammad Moradibaglooei, Masoud Ghiasvand. The Effect of Eye Movement Desensitization and Reprocessing (EMDR) on Depression in Spinal Cord Injury Patients. Avicenna J Nurs Midwifery Care. 2021; 29 (1): 72-80

11- **Mohammad Reza Sheikhi**, Mohamad Moradi, Saeed Shahsavary, Zainab Alimorad and Hamid Reza Salimi. The effect of eye movement desensitization and reprocessing on the fear of hypoglycemia in type 2 diabetic patients: a randomized clinical trial. BMC Psychology,2020;2-8

12-Sedigheh Bahrami; **Mohammad Reza Sheikhi**; Mohammad Moradi Baglooei; Maryam Mafi. Effect of Emotion Regulation Training Based on the Gross Model on Anxiety among Parents of Children with Cancer. Evidence Based CareJournal, 9(4): 40-47

13-Azam Ghorbani , Fatemeh Hajizadeh , **Mohammad Reza Sheikhi** , Asghar Mohammad poor asl." The Effects of Deep-Breathing Exercises on Postoperative Sleep Duration and Quality in Patients Undergoing Coronary Artery Bypass Graft (CABG): a Randomized Clinical Trial*." J Caring Sci*. 2019;8(4): 219-224

14- Mehri Ghafoori, Masoud Hejazi, **Mohammad Reza Sheikhi**. " The Relationship of Coping Strategies with Academic Stress in Nursing Students" Iranian Journal of Psychiatric Nursing (IJPN): 2019; 7(3).42-47

15-Mohadeseh Movahedizadeh, **Mohammad Reza Sheikhi**, Saeed Shahsavari, Hui Chen. "The Association between Religious Belief and Drug Adherence Mediated by Religious Coping in Patients with Mental Disorders"Social Health and Behavior:2019;2(3).77-82

16-Samira Moradipour, Mohammad Ali Soleimani, Maryam Mafi,**Mohammad Reza Sheikhi**. " Effect of Benson's relaxation technique on death anxiety among patients with breast cancer". Hayat, Journal of School of Nursing and Midwifery, Tehran University of Medical Sciences: 2019; 24(4): 355-367

17- **Mohammadreza Sheikhi**, Masoud Fallahi-Khoshknab, Mahdi Rahgozar. " The Effect of integration of Mentorshiping and Peer Education methods on the academic Performance and academic Satisfaction in Nursing PhD Students" Journal of Nursing Education (JNE) December-January 2019, 7(5).53-58

18-Adeleh Sadeghloo, **Mohammad Reza Sheikhi**, Isa Mohammadi Zeidi , Mahmoud Alipour Heydari and Mohammad Ebrahim Sarchloo. "Effectiveness of an Educational Program on Health Promoting Lifestyle of Spouses of Veterans With Post-Traumatic Stress Disorder".Iran Red Crescent Med J. 2018 December; 20(S1): :e58942.

19- Samira Moradipour, Mohammad Ali Soleimani, **Mohammad Reza Sheikhi**, Saeed Pahlevan Sharif . " Examining the Effect of Benson's Relaxation Technique on Hope among Patients with Breast Cancer ". Iranian Journal of Psychiatric Nursing (IJPN)**:**2018;6(3).10-16

20-Nasser Haji Aghaei, **Mohammad Reza Sheikhi,** Reza Zeighami, Mahmoud Alipour. "Follow up of the Impact of Family-Centered Psychoeducation Based on Atkinson and Coia's Model on the Relapse and Severity of Symptoms in Schizophrenia".Iranian Journal of Psychiatric Nursing (IJPN):2017;5(4).27-32

21-Fatemeh Oskouie, Ahmad Nejatian, Soroor Parvizy, Nooredin , Mohammadi,**Mohammad Reza Sheikhi** and Raziyeh Ghafouri. Registration/Licensure: Essential Need of Nursing Regulation in Iran. International Journal of Medical Research & Health Sciences, 2016, 5, 9S:423-428

22-Fatemeh Oskouie, Soroor Parvizy, Nooredin Mohammadi, **Mohammad Reza Sheikhi**, and Raziyeh Ghafouri. Nursing educational regulation model: A meta-synthesis.International Journal of Medical Research & Health Sciences, 2016, 5, 9S:82-87

23-Ramin Farrokhian, Mohammad Ali Solemani,**Mohammad Reza Sheikhi**. Mahmoud Alipour. Effect of Reflexology Massage on Sleep Quality in Hemodialysis Patients: A Randomized Control Trial. Scientific journal of Hamadan Nursing & Midwifery faculty. 2016;24(3):213-219

24- Khoeiniha F, **Sheikhi MR**, Shokati AM, Mohammad Poor A. Nurses' clinical performance assessment in critical care units in teaching and non-teaching hospitals in Qazvin city: Based on Synergy Model. Journal of Health Promotion Management: 2016; 5(3).28-36

25- Mohammad Ali Soleimani, Saeed Pahlevan Sharif, Ameneh Yaghoobzadeh, **Mohammad Reza Sheikhi**, Bianca Panarello, Ma Thin Mar Win." Spiritual well-being and moral distress among Iranian nurses" Nursing Ethics.2016; 16:1-13

26- **Mohammad Reza Sheikhi**, Masoud Fallahi Khoshknab, Farahnaz Mohammadi, Fatemeh Oskouie**.** The role of working environment in nurses' career advancement from nursing mangers' perspectives: A qualitative study**.** Journal of Hospital Administration**:** 2016**; 5**(4).49-54

27- **Mohammad Reza Sheikhi**, Masoud Fallahi Khoshknab, Farahnaz Mohammadi, and Fatemeh Oskouie**.** Skills Required for Nursing Career Advancement: A Qualitative Study. Nurs Midwifery Stud:2016: Doi: 10.1779 5/nms.30777

28- **Mohammad Reza Sheikhi**, Masoud Fallahi Khoshknab, Farahnaz Mohammadi & Fatemeh Oskouie**.** Nurse Leaders' Experiences of Implementing Career Advancement Programs for Nurses in Iran. Global Journal of Health Science: 2015;7(5).73-79. http://dx.doi.org/10.5539/gjhs.v7n5p73

29- **Sheikhi MR**, *Fallahi Khoshknab M, Mohammadi F, Oskouie F. Outcomes of implementing career ladder programs in nursing: A.systematic review. Journal of Health Promotion Management: 2015; 4(3).23-33

30- **MR. Sheikhi*** M. Fallahi Khoshknab** F. Mohammadi**** F. Oskouie. Nurses' experience of flourishing work environment in career advancement: A qualitative study. JQUMS, Vol.18, No.6, 2015, pp. 55-62

31-Khodaie Ardakani MR - *SanaeiE - Mirabzadeh3 A - Poorheidari N - Alibaigi N - **Sheikhi MR**. Comparison of paroxetine versus Fluvoxamine in Trichotillomania Management. Iranian Journal of Psychiatric Nursing (IJPN):2014;3(2).43-50

32- Mohammad Moradi, Marziyeh Khatooni, Reza Zeighami**, Mohammad Reza Sheikhi.** Relationship between Professional Commitment and Job Satisfaction in Qazvin's Pubic Educational Hospital Nurses. Medical Ethics Journal.2015;7(24).55-78

33- Jalile Azimian, Mohammad Abdi, Mohammad Moradi, MahmoudAlipour Heidari,Leili Yektaha Fallah, **Mohammad Reza Sheikhi**" The Effect of Foot Massage on the Consciousness Levels in Comatose Patients With Brain Injury Hospitalized in Intensive Care Unit (Icu): A Randomised Control Trial" Journal of Knowledge & Health 2015; Vol 10, No 3.25-30

34- Nasim Bahrami, Mohammad Ali Soleimani, Hamid Sharifnia, Hoorieh Shaigan4, **Mohammad Reza Sheikhi**, Zhila Mohammad-Rezaei. Effects of anxiety reduction training on physiological indices and serum cortisol levels before elective surgery. Iranian Journal of Nursing and Midwifery Research: 2013;18(5):416-420

35- **MR Sheikhi**, ME Sarichlou, A Javadi, M Moradi. Effect of nurse's empowerment on coping with job stresses. The Journal of Qazvin University of Medical Sciences:2009;12(49):38-42

36- MA Zohal, **MR Sheikhi**, A Javadi. The effect of service improvement protocol on patients' satisfaction in Bu-Ali emergency unit. The Journal of Qazvin University of Medical Sciences:2005;No.34

37- **MR.Sheikhi**, A.Javadi**.** Patients' satisfaction of medical services in Qazvin educational hospitals. The Journal of Qazvin Univ. of Med. Sci: No. 29 , Winter 2004

38- R Sarchami, **MR Sheikhi**. Patients' Satisfaction of the Quality Services in Emergency Departments. The Journal of Qazvin University of Medical Sciences:2001;No.18:64-68